

This institution is an equal opportunity provider

St. James Parish School Board

Monday

Tuesday

Wednesday

Thursday

Friday

Holiday

Holiday

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Holiday

1
White Beans w Ham Seasoning
Steamed Rice
Seasoned Greens
Candied Sweet Potatoes
Sliced Peaches
Fresh Fruit Choice (HS)
Golden Cornbread/ Milk Choice

2
Meatballs w Spaghetti
Popeye Salad (Spinach/Shredded Carrots & Creole Tomatoes)
Seasoned Corn /WG Bread Sticks
Fresh Fruit Choice (HS)
Applesauce
Milk Choice

3
BR Chicken Pattie /WG Bun
Lettuce W Creole Tomato / Pickle
Potato Rounds
Carrot Sticks w dip
Fresh Strawberries /Pears (HS)
Cookie
Milk Choice

4
Pork Roast w Gravy
Creamed Potatoes
Seasoned Green Peas
California Blend
Chilled Mixed Fruit
Fresh Fruit Choice (HS)/ WG Roll
Milk Choice

5
Corn Dog
Savory Onion Rings
Baked Beans /Apple Half
Fresh Fruit Choice (HS)
Graham Crackers
Milk Choice
Optional: Mini Corn Dogs

8
Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (HS)
WG Golden Cornbread 1 G.
Milk Choice 8 oz

9
Beef Tacos
W Cheese Shredded
Tortilla Flour
Lettuce / Tomato
Sunset Sip Juice
Seasoned Corn/Salsa
Grapes /Strawberries (HS)
Milk Choice

10
Zesty BBQ Chicken
Cajun Seasoned Rice
Seasoned Green Beans
Seasoned Baked Beans
WG Roll
Chilled Fresh Fruit Cup (HS)
Mixed Fruit
Milk Choice

11
Hot Dogs w/ Chili or Sloppy Joe
French Fries
Carrot Sticks w Dip
Fresh Fruit Apples
Chilled Peaches (HS)
Choice of Baked Chips
Milk Choice

12
Breaded Chicken Nuggets
Creamy Macaroni & Cheese
Popeye Salad w Tomatoes
Steamed Mixed Vegetables
Chilled Peaches
Chilled Fruit Choice (HS)
WG Roll
Milk Choice

15
Cheesy Beef-a-Roni
Fresh Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
Chilled Peaches (HS)
WG Bread Sticks
Milk Choice 8 oz.

16
Chicken/ Pork/ Sausage Jambalaya
White Beans
Seasoned Greens
Chilled Melon
Chilled Oranges (HS)
WG Sweet Roll
Milk Choice

17
BBQ Rib Pattie/WG Bun
Lettuce/ Tomato/Pickle
Potato Rounds
Carrot Sticks w dip
Fresh Apple Half
Mixed Fruit Cup/ Cookie
Milk Choice

18
Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape
Applesauce (HS)
Graham Crackers 1G.
Milk Choice

19
Meatloaf w Gravy
Steamed Rice
Steamed Garlic Broccoli
Sweet Potatoes
Fresh Banana
Chilled Pears (HS)
WG Roll
Milk Choice

22
White Beans w Ham Seasoning
Steamed Rice
Seasoned Greens
Candied Sweet Potatoes
Sliced Peaches
Fresh Fruit Choice (HS)
Golden Cornbread/ Milk Choice

23
BR Chicken Pattie /WG Bun
Lettuce/ Creole Tomato/ Pickle
Potato Rounds
Carrot Sticks w dip
Fresh Strawberries /Pears
Cookie / Milk Choice



High Schools daily choices include parfaits, personal pan pizza, salad choice and sandwiches.
Menus are subject to change